

A 2 – Programme (Guide Wing) APRO Part III – Guide Section

14 PROGRAMME IDEALS

By the time a girl completes the full course of the Guide Programme, she will be able to:
1. Develop her character to become healthy & efficient.
2. Accept and follow the rudiments of good citizenship.
3. Undertake practices and improve skills essential to become self-reliant and prepare her to use them for helping others.
4. Undertake collective activities and challenges, which contribute for her all round development.
5. Be aware of her potential and use them in service to the community.
6. Improve her skills of observation to appreciate the wonders of nature and develop a sense of expressing reverence towards nature by nurturing it.
7. Make things useful for others.
8. Realize that public property is her property as well and attempt to look after it.
9. Identify herself as an Integral part of her community and realize her duty to country.
10. Improve future Guiding skills to undertake adventurous activities and develop love for adventure.
11. Understand our National Heritage and Culture and determine to keep them up.
12. Undertake individual and collective practices to conserve nature resources and prepare to educate others in this respect.
13. Develop the qualities of a dynamic leader and participate doing her best effectively in all leadership opportunities made available to her.
14. Study about her country & people and contribute for the cause of National Integration.

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Page No	Rule N	Title	Existing Rule	Amendments approved by National Council on 30-11-2014
20	2	Guide Company	(iv) Every Guide Company shall have a name, where the Guide Company is a unit of a group, it shall take the name of the Group; the Group may be named after the locality, the institution or any past heroine of India; every Group shall also have a serial number assigned by the Local or the District Association, as the case may be	(iv) Every Guide Company shall have a name, where the Guide Company is a unit of a group, it shall take the name of the Group; the Group may be named after the locality, the institution or any great Personalities (Female) of India; every Group shall also have a serial number assigned by the Local or the District Association, as the case may be
20	3	The Guide Captain and the assistant Guide Captain	(i) There shall be a Guide Captain for each Guide Company. There may be one or more Asst. Guide Captains for a Guide Company.	i. There shall be a Guide Captain for each Guide Company. There may be one or more Assistant Guide Captains for a Guide Company at the rate of one Assistant Guide Captain for eight Guides.
			(iii) The Guide Captain and the Assistant Guide Captain shall be appointed by the State Chief Commissioner in consultation with the concerned State Commissioner on the Recommendation of the Local or District Association, as the case may be, and the concerned District Commissioner.	(iii) The Guide Captain and the Assistant Guide Captain shall be appointed by the State Chief Commissioner in consultation with the State Commissioner (G) on the recommendation of the District Commissioner (G) and District Chief Commissioner. In case of Local Association, Assistant District Commissioner through the Dist. Association.
21	4	Qualification for the Guide Captain and the Asst. GC	(ii) She must possess the matriculation or an equivalent Certificate, provided, however, in exceptional cases exemption from the said educational qualification may be granted by the State Chief Commissioner on the recommendation of the Dist. Commissioner.	ii) She must possess Intermediate (10+2) or equivalent Certificate. Provided however, in exceptional cases exemption from educational qualification may be granted by the State Chief Commissioner on the recommendation of concerned Assistant District Commissioner (G) / District Commissioner (G) and District Chief Commissioner.
27	9	The Guide :	(i) A girl who is a citizen of India and who has completed 10 years but not completed 17 years of age is eligible to be enlisted as a	(i) A girl who is a citizen of India and who has completed ten years but not seventeen years of age is eligible to be become a Guide Aspirant.

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			recruit.	
			(ii) A recruit shall complete the Pravesh requirements and will work for three months to the satisfaction of the Guide Captain before being invested as a Guide.	(ii) A Guide Aspirant shall complete the Pravesh requirements and will work for three months to the satisfaction of the Guide Captain before being invested as a Guide.
27	9		<p>(iii) Pravesh Requirements:</p> <p>(a) Have brief information of the origin of guiding.</p> <p>(b) Guide Promise and Law.</p> <p>(c) Guide Motto, Sign, Salute and left hand shake.</p> <p>(d) Daily Good Turn at home and maintain a diary at least for a month.</p> <p>(e) Know the parts of guide Uniform and how to wear it.</p> <p>(f) Know the composition and significance of the National Flag, Bharat Scouts & Guides Flag, world Guide Flag & the Guide etiquettes.</p> <p>(g) Sing correctly the National Anthem.</p> <p>(h) Sing correctly Prayer Song and Flag Song.</p> <p>(i) Attend at least four Company meetings.</p>	<p>a) (i) Have brief information of the origin of Guiding along with definition, purpose and principle of the Bharat Scouts and Guides.</p> <p>ii) A Guide Aspirant must have holistic knowledge of the movement</p> <p>Point b to f, & i- Existing to continue</p> <p>(g) Sing correctly National Anthem, Bharat Scouts & Guides Prayer and Flag Song. Know about the composer, duration and meaning of the song.</p> <p>h to be deleted as covered in point g</p> <p>ADD:</p> <p>j). Undertake a 4 hour purposeful outing with her Patrol.</p>
			(f) Salute: The Guide Salute is given by raising the right arm smartly to the level of the shoulder, palm to the front, with the three fingers stretched together, the first touching the forehead and the thumb closing on the little finger. After the salute the arm is smartly brought down.	The Guide Salute is given by raising the right arm smartly to the level of the shoulder, palm to the front with three fingers stretched together, the first touching the forehead above the centre of the right eye brow and thumb closing on the little finger. After salute, the arm is smartly brought down. If a stick or thumb stick is carried, it must be passed to left hand or kept under left arm pit. When hands are occupied, the salute is given by eyes left or right as the case may be.
32	13	Scheme for	(i) A Pravesh Guide is	to be deleted

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		Advancement of a Guide	eligible to become a Pratham Sopan Guide.	
			(ii) A Pratham Sopan Guide is eligible to become a Dwitiya Sopan Guide.	to be deleted
			(iii) A Dwitiya Sopan Guide is eligible to become a Tritiya Sopan Guide.	to be deleted
			(iv) A Tritiya Sopan Guide is eligible to become a Raja Puraskar Guide.	to be deleted
			(v) A Rajya Puraskar Guide is eligible to become a Rashtrapati Guide.	to be deleted
32	13-vi		<p>a) Having worked for at least 3 months and attended 4 company meetings a girl can be invested as a guide on completion of Pravesh Test.</p> <p>(b) A Pravesh Guide will work at least for 6 months to qualify for Pratham Sopan.</p> <p>(c) A Pratham Sopan Guide will work at least for nine months to qualify for Dwitiya Sopan.</p> <p>(d) A Dwitiya Sopan Guide will work at least for nine months to qualify for Tritiya Sopan.</p> <p>(e) A Tritiya Sopan Guide will work at least for nine months to qualify for Rajya Puraskar Award on completion of 13 years of age.</p> <p>(f) A Rajya Puraskar Guide will work at least for twelve months to qualify for Rashtrapati Guide Award.</p>	<p>(a) Having worked for at least three months and attended four Company Meetings a Guide Aspirant can be invested as a Guide on completion of Pravesh Test.</p> <p>(b) A Pravesh Guide will work at least for six months to qualify for Pratham Sopan.</p> <p>(c) A Pratham Sopan Guide will work at least for six months to qualify for Dwitiya Sopan.</p> <p>(d) A Dwitiya Sopan Guide will work at least for six months to qualify for Tritiya Sopan.</p> <p>(e) A Tritiya Sopan Guide will work at least for nine months to qualify for Rajya Puraskar Award.</p> <p>(f) A Rajya Puraskar Guide will work at least for twelve months to qualify for Rashtrapati Guide Award.</p>
			<p>(vii)</p> <p>(a) A Guide is eligible to earn SIX Proficiency badges in all after Tritiya Sopan stage for which she will be eligible to wear a BLUE CORD in addition to Tritiya Sopan Badge.</p> <p>(b) A Guide is eligible to</p>	<p>ii) Efficiency Cords:</p> <p>a. Guide Efficiency Cords are made of chiffon threads specially designed and supplied by N.H.Q. It will be worn under the right shoulder strap extending the cord to the right pocket.</p> <p>b. After Dwitiya Sopan Badge, a</p>

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			<p>earn TEN Proficiency Badges in all after Rajya Puraskar stage for which she will be eligible to wear a Green Cord in addition to Rajya Puraskar Badge.</p> <p>(c) As acquiring Rashtrapati Guide Award is not the end of Guide Training, a guide should be encouraged to work for Proficiency Badges. A Guide after earning Rashtrapati Guide Award can be eligible for Gold Cord if she adds EIGHTEEN Proficiency Badges. A Blue cord is worn on the right shoulder extending the cord to the top of right pocket. A green cord when qualified for will be worn in place of blue cord. A gold cord when qualified for will be worn in place of Green Cord.</p>	<p>Guide may earn more proficiency badges.</p> <p>A. If a Dwitiya Sopan Guide earns six proficiency badges in all, shall be awarded Blue Cord by the Asst. Dist. Commissioner.</p> <p>b. If a Tritiya Sopan Guide earns twelve proficiency badges in all, shall be awarded Green Cord by the Dist. Commissioner (G).</p> <p>c. If a Rajya Puraskar Guide earns eighteen proficiency badges in all, shall be awarded Golden Cord by the Dist. Chief Commissioner.</p>
			<p>Note: Unless a Guide Completes the age of thirteen years, she will not be eligible for appearing/receiving the Rajya Puraskar Award.</p>	<p>Note: to be deleted</p>
34	14	Tests for Pratham Sopan	<p>(i) Learn about your Patrol, its Flag, Yell or Song and Corner.</p>	<p>1. LOOKING AFTER YOURSELF:</p> <p>a) Be able to tell correctly “your duties at home”.</p> <p>b) Be able to make your bed.</p> <p>c) Know the health rules regarding personal cleanliness.</p> <p>d) Learn B.P. Six exercises and Practice Yoga / Asanas / Surya Namaskar</p> <p>e) Stitch a button.</p> <p>f) Clean and polish canvas/ leather shoes.</p> <p>g) Make a personal First -Aid Kit and know its contents.</p> <p>2. DISCIPLINE:</p> <p>a) Learn about your Patrol, its Flag, Yell, Song, Patrol Corner and Participate in a Patrol in Council.</p> <p>b) Learn & practice Hand &</p>
			<p>(ii) Practice B.P. Six Exercise and six asanas or surya namaskar.</p>	
			<p>(iii) Whip the ends of a rope.</p>	
			<p>(iv) Learn Wood Craft Signs and follow a track.</p>	
			<p>(v) Tie and show uses of Reef Knot. Sheet-Bend, Clove Hitch, Sheep Shank and Round turn and two half hitches, Bowline and Fisherman knot.</p>	
			<p>(vi) Learn and Practise hand and whistle signals.</p>	
			<p>(vii) Practise orderly movements and simple drill for smartness.</p>	
			<p>(viii) Know the contents of</p>	

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			<p>the First Aid Box. Demonstrate the use of Roller Bandages and triangular bandages, cuff and collar slings and arm sling. Render First-Aid for cuts and scratches.</p>	<p>Whistle Signals. c) Foot Drill: Savdhan, Vishram, Aram se, Dhainey, Bayen & Pichey Mur. d) Participate in a company & patrol game.</p>
			<p>(ix) Participate in two patrol/ Company outdoor meetings or Patrol/Company day hike.</p>	<p>3. ROPE WORK: a) Whip the ends of a rope. b) Tie & demonstrate the uses of the following knots :</p>
			<p>(x) Make a gadget or a handicraft useful at home...</p>	<p>Reef knot, Sheet Bend, Clove Hitch, Bowline, Sheep Shank, Fisherman, Round Turn & Two Half Hitches. c) Tie and demonstrate Sheer Lashing Mark I and Mark II.</p>
			<p>(xi) Undertake household responsibility like cooking, water storage, and cleanliness with the help of your parents for a week.</p>	<p>d) Make a gadget or a handicraft useful at home.</p> <p>4. SERVICE: a) Undertake a Company Service Project in your School or Guide Headquarters under the guidance of your Guide Captain. b) Should know the definition and Golden rules of First Aid. c) Deal with simple cuts, burns & bleeding from the nose. d) Undertake household responsibilities like cooking, water storage, hospitality, cleanliness etc. with the help of parents for a week. e) Daily Good Turn at home and maintain a diary at least for a month.</p> <p>f). Participate in the following activities,</p> <p>(i) Discuss with your Guide Captain and render some service involving any one of the points of Guide Law and submit a report to your Guide Captain within a week. (ii) Undertake a nature study project in consultation with your Patrol Leader and submit the report within ten days. OR</p>

				<p>Visit a village Panchayat Samiti/Block Development / Municipality / Municipal cooperation office and learn about the services rendered by one such public organisation and submit a report to your Guide Captain within ten days.</p> <p>5. COMMUNICATION: Be able to use the PCO & Mobile Phone and be acquainted with the facilities available on it.</p> <p>6. OUT OF DOORS: a) Know the simple wood crafts signs & follow a trail with her patrol of not less than half a kilometre. b) Know & Practice Road Safety Rules for pedestrians. c. Participate in a Nature Study Trail.</p>
			(xii) Participate in any two of the -..... submit a report to your Guide Captain within 10 days.	Covered above- to be deleted
			(xiii) Serve as a Pravesh Guide for at least six months.	To be deleted
			<p>Note: (i) On the successful completion of the Pratham Sopan tests, the Guide shall be issued the Pratham Sopan Badge by the Local or the District Association as the case may be, on the recommendation of the Guide Captain who acts as the examiner. (ii) The Pratham Sopan Badge is a scroll with the words : BE PREPARED 'TAYYAR' in Devanagari Script it shall be worn below the Pravesh Badge</p>	<p>i) On the successful completion of the Pratham Sopan tests, the Guide shall be issued the Pratham Sopan Badge by the Local or the District Association as the case may be, on the recommendation of the Guide Captain who acts as the examiner. (ii) The Pratham Sopan Badge is a scroll with the words:“rS;kj’ It shall be worn below the Pravesh Badge</p>
36	15	Tests for Dwitiya Sopan	(i) Pioneering: Tie and show the usage of Timber Hitch, Rolling Hitch, Liver Hitch, Figure of eight Knot, Sheer Square and Diagonal	(1) Pioneering: a) Demonstrate Timber hitch, Rolling hitch, Marline spike/ Lever hitch & Figure of Eight knot and their uses.

			<p>lashings. Demonstrate the use of 4 simple camp tools</p> <p>(ii) Demonstrate the use of 4 simple camp tools</p>	<p>b) Tie the following lashings: Square and Figure of Eight lashing and know their uses.</p> <p>c). Demonstrate the uses of hand axe or chopper and know the safety rules and how to keep them sharp.</p> <p>d) Demonstrate the use, safety and sharpening dagger or a pen knife and the use of a screw driver, pliers and hammer.</p>
			<p>ii) Fire</p> <p>a) Lay and Light a wood fire in the open with not more than two match sticks, and clean and light a kerosene /gas stove.</p> <p>b) Demonstrate any three of the following:</p> <p>(i) Safety-Precautions with regards to fire.</p> <p>(ii) Bucket-Chain method of putting out fire.</p> <p>(iii) How to tackle dry grass fire</p> <p>(iv) Precaution in case of gas leak.</p>	<p>(2) Fire:</p> <p>a. Know different types of fire used in camping/outing.</p> <p>b. Lay and light a wood fire in the open with not more than two match sticks.</p>
			<p>iii) Cooking</p> <p>Cook in the open, two simple dishes enough for two person and make tea/coffee for one patrol over wood fire or stove.</p>	<p>3. COOKING:</p> <p>a) Know the working & maintenance of a kerosene pressure stove or a Gas stove.</p> <p>b) Cook in open two simple dishes enough for two persons & make tea/coffee.</p> <p>c) Know the safety precautions in case of gas leakage.</p>
36	15		<p>(iv) Compass</p> <p>(a) Demonstrate the practical use of compass and know the sixteen points.</p> <p>(b) Be able to find the North by at least one constellation at night time.</p> <p>(c) Have knowledge of paces, bearing and sketches.</p>	<p>4. COMPASS & MAP:</p> <p>a) Know the sixteen points of a compass.</p> <p>b) Be able to find North by at least two constellation during night.</p> <p>c) Using a compass find the bearing of various objects from your position.</p> <p>d) Follow a trail laid out using compass bearing & distances.</p>

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				<p>e) Know the terms : Scale, Direction, Conventional signs, Contours & Grid reference</p> <p>f) Be able to use a tourist map</p>
			<p>(v) First Aid:</p> <p>(a) Demonstrate St. John's sling.</p> <p>(b) Improvised stretchers.</p> <p>(c) Throw life line for 10 metres.</p> <p>(d) Render First Aid for burns, scalds, sprains, stings and bleeding from nose.</p> <p>(e) Demonstrate Cuff and collar sling.</p>	<p>5. FIRST - AID:</p> <p>a) Have knowledge about wounds and know how to deal with Bleeding, Burns & Scalds, Sprains, Stings & Bites.</p> <p>b) Demonstrate the use of Roller bandage.</p> <p>c) Demonstrate the use of a Triangular Bandage for the Head, Hand, Knee, Foot, Ankle and Fracture of Arm.</p> <p>d) Improvise a stretcher.</p>
			<p>(vi) Satisfy the Guide Captain that your behaviour at home and at school is good.</p>	<p>Existing to continue</p> <p>To be shifted to DISCIPLINE</p>
			<p>(vii) Estimation: With the help of improvised apparatus estimate two distances/width of not more than 100 metres.</p>	<p>6) Estimation:</p> <p>(i) With the help of improvised apparatus, estimate two distances/widths of not more than one hundred metres but not less than thirty metres.</p> <p>(ii) Know the length of your stride/pace & using this, estimate the distance travelled.</p>
			<p>(viii) Participate in a Company wide game.</p>	<p>7. OUT OF DOORS:</p> <p>a) Participate in a Company Wide Game.</p> <p>b) Participate in a Company Campfire & know at least two folk/patriotic songs & participate in a Patrol skit.</p> <p>c) Know & practise Road Safety Rules for vehicles.</p> <p>d) Know how to ride a bicycle.</p> <p>e) Visit a factory in the neighborhood of schools/colleges/residence to understand the manufacturing process of various products and also to respect the dignity of labour.</p>
			<p>(ix) Participate in Company/Patrol sustained activity organised by Guide Captain for a month in your community making use of Guide skills.</p>	<p>8. SERVICE:</p> <p>Complete any one of the following:</p> <p>a) Undertake a development Project in your school in consultation with the head of the</p>

				<p>institution.</p> <p>b) Participate in one or more Social Service Camp/camps covering over a period of a month.</p> <p>c) Serve in community fair or Mela including preparatory and post event assignments of Mela/fair.</p> <p>d) Participate in an Anti Litter Campaign & with your Patrol help to clean up an area around your school or headquarters.</p> <p>e) Demonstrate the 3R's of Conservation: Reduce, Recycle & Reuse.</p> <p>f) To form and participate in Self Help Groups and such other sustained activities where Guide Skills are made use of.</p>
			(x) Know and demonstrate Semaphore or Morse Signalling by anyone of the methods. Flag/Disc/Buzzer.	To be deleted.
			(xi) Participate in four prayer meetings in your Company.	To be deleted as covered in discipline
38	15		<p>(xii) Qualify for any two from the following Proficiency Badges:</p> <p>(i) Cook (ii) Debator (iii) Friend to Animals (iv) Gardener (v) Handy woman (vi) Cyclist (vii) Laundress, (viii) Beautician, (ix) Event Manager, (x) Computer skill.</p>	<p>10) Qualify for any two from the following Proficiency Badges:</p> <p>(i) Cook (ii) Debator (iii) Friend to Animals (iv) Gardener (v) Handy woman (vi) Cyclist (vii) Laundress, (viii) Reader, (ix) Child Nurse</p>
			<p>(xiii) Complete any two of the following and prepare a log book:</p> <p>a.) Collect information on our culture and heritage.</p> <p>b.) Undertake a development project in your school with your patrol in consultation with the head of the institution.</p> <p>c.) Participate in a</p>	<p>9. SENSE TRAINING:</p> <p>Know and play Kim's game to enhance observation, taste, sound, smell and touch.</p> <p>11. DISCIPLINE:</p> <p>a) Know the various company formations.</p> <p>b) Be able to march three deep with your Company smartly & in good order. Follow drill commands during marching.</p> <p>c) Participate in Four All Faiths Prayer meetings in your</p>

			<p>social service camp.</p> <p>d.) Serve in community fair or mela.</p> <p>Discuss with your parents and neighbours about a pollution problem in your locality and make a report of it.</p>	<p>Company</p> <p>12. COMMUNICATION: a) Use a computer and know the advantages & disadvantages of mobile phone and internet. b) Know how to use the internet & access the website of the Bharat Scouts & Guides.</p> <p>13. PATRIOTISM : Collect information on our heritage and culture and prepare a log book.</p>
			(xiv) Serve as Pratham Sopan Guide for at least Nine months.	To be deleted.
				Already covered in 12-a
39	16	Tests for Tertiya Sopan :	<p>(i) Camp craft: Demonstrate</p> <p>(a) Whipping: A method other than the one done in Pratham Sopan.</p> <p>(b) Draw Hitch, Fireman's Chair Knot, Man harness knot and Splicing Eye or Back or Short.</p> <p>(c) Pitching, Striking and Packing a tent or improvising a shelter enough for two persons to sleep in.</p> <p>(d) A Trestle and a Rope ladder with the help of another Guide.</p>	<p>1. PIONEERING: a) Tie & know the use of the following: Fireman's chair knot, man harness knot, bowline on a bight, draw hitch. b) Tie & demonstrate the use of the Diagonal lashing. c) Use another method of whipping other than the one used in Pratham Sopan. d) Make a flag mast of at least three staves with your patrol and demonstrate Flag Break. e) Make a temporary shelter for yourself f) Know any one method of Splicing: Eye/ Back/ Short</p>
40	16		<p>(ii) Swimming</p> <p>(a) Swim 50 metres.</p> <p>(b) Know the safety rules of swimming and</p> <p>(c) Know how to deal with cramps. OR</p> <p>Earn ONE of the following Proficiency Badges.</p> <p>(a) Athlete (b) Climber (c) Games leader. (d) Gymnast (e) Hiker (f) Yoga</p>	<p>2. (I) Swimming (a) Swim fifty metres. (b) Know the safety rules of swimming and (c) Know how to deal with cramps. OR (II) Earn any one of the following Proficiency Badges: (a) Athlete (b) Climber (c) Games leader. (d) Gymnast (e) Hiker (f) Yoga (g) Cyclist</p>
40	16		<p>(iii) Estimation:</p> <p>(a) Estimate any given two heights, depths not more</p>	<p>3) ESTIMATION: Be able to estimate height, depth, widths, numbers &</p>

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			<p>than 30 metres. (b) Two weights not more than 2 kg. And (c) Two different types of things in numbers.</p>	<p>weights using recognized methods of estimation.</p>
40	16		<p>(iv) First Aid (a) Treat for shock, fainting, choking. (b) Deal with simple fracture of arm, collar bone and jaw fracture. (c) First Aid for drowned person and electric shock. (d) Demonstrate mouth-to-mouth resuscitation.</p>	<p>(4) FIRST - AID: a) Know how to deal with emergency situations such as Drowning, Electric Shock, General Shock, Automobile Accidents and Human Being caught in fire. b) Treat Choking. c) Deal with simple fracture of collar bone, Upper arm, Forearm, Hip & Lower leg. d) Treat for Heat Stroke and Sun Stroke e) Demonstrate CPR(Cardio Pulmonary Resuscitation). f) Place an unconscious victim in the Recovery position. g) Transportation of victim - One Rescuer & Two Rescuers.</p>
40	16		<p>(v) Mapping (a) Map Reading- Knowledge of Scale. Conventional signs, contours and grid references. Be able to read a tourist map or Survey of India Map and follow a given route or lead a person. (b) Map making by Triangulation or Plane Table or Road Traverse Method.</p>	<p>(5) MAPPING: Be able to access a GPS Map & use it to follow a given route. or Draw a map of the area using a Triangulation method with the help of compass or Plane Table method. or Sketch a map of the route undertaken for at least four kms by using Road Traverse method or Gilwell sketch.</p>
41	16		<p>(vi) Pioneering: (a) Demonstrate the use of knives, hand axes and their safety rule. (b) Build two Patrol Pioneering Projects and demonstrate their uses.</p>	<p>To be deleted</p>
			<p>(vii) Participate in an overnight camp of the company.</p>	<p>(7) OUT OF DOORS: a) Plan an overnight Patrol camp. b) Undertake a day hike of ten kms on foot with Patrol/Company members. Prepare meals & Tea for the patrol. Make a report & submit it within a week after the hike is over. The hike route is to</p>

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				be given by the examiner. c) Participate in a Night Game.
			(viii) Undertake with another guide a Cycle Hike for 10 kilometres or hike on foot for 6 kms. and submit a report to the Guide Captain within 10 days.	To be deleted
41	16		(ix) Cooking: Cook in the open, meals enough for four persons.	(8) COOKING: Cook food for your patrol by using Backwoodsman method.
			(x) Plan and participate in a Patrol Expedition.	To be deleted
			(xi) Participate in a night game.	To be deleted
41	16		(xii) Signalling: Send and receive message through Morse Code or Semaphore containing at least 25 words in seven minutes.	(9). Signalling: Learn Morse Signalling and be able to send and receive simple messages of ten words.
41	16		(xiii) Qualify for any two of the following Proficiency Badges. One from each group (not earned earlier). Group - A : (i) Civil Defence (ii) Pioneer (iii) Community Worker (iv) World Conservation (v) Safety knowledge (vi) Self Defence. Group - B: (i) Book Binder (ii) Citizen (iii) Naturalist (iv) Path Finder.	10. Proficiency Badges A-existing to continue Add: Ecologist, Group - B: Add: (v) Hostess (vi) Computer Awareness (vii) Aids Awareness, (viii) Healthy women, (ix) Drug Awareness,
42	16		(xiv) Complete the following and prepare a Log Book. (a) Role Play on National Integration in costumes. (b) Knowledge of WAGGGS (Wold Association of Girl Guides & Girl Scouts).	6. TALK: During the company meeting, give a talk for about five minutes on any one of the following subjects: a) National Integration, b) Child Abuse, Child Education, Child Health, Child Social Security & Child Labour. c) Substance Abuse. d) Your future Guide Training. e) Gender Equality. f) Free Being Me.
			(xv) Talk on Guiding in India.	KNOWLEDGE 11.a) Knowledge of Guiding in

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				India & WAGGGS (World Association of Girl Guides & Girl Scouts) b) Know and understand the safety measures while using ATM card and Mobile Phone. or Use basic electrical/electronic devices and assemble a useful gadget at home under the supervision of a trained adult.
			(xvi) Serve as Dwitiya Sopan Guide for at least nine months.	To be deleted
			(xvii) Know and Understand the disease tuber clauses-its symptoms, treatment and precautionary measures to be preventing the disease, knowledge about Directly Observed Treatments (DOTS).	SERVICE (15) Know and understand the disease tubercloses-its symptoms, treatment and precautionary measures for preventing the disease, knowledge about Directly Observed Treatments (DOTS).
				12. Fire: Complete any three of the following: a) Safety precautions regarding fire. b) Demonstrate Bucket Chain method to put off fire c) How to tackle dry grass fire d) Types of fire extinguisher and use thereof.
				14.
			Note: (iv) A Tritiya Sopan guide will work at least nine months to qualify Rajya Puraskar Award testing camp on completion of 13 years of age.	iv) A Tritiya Sopan Guide will work at least nine months to qualify Rajya Puraskar Award testing camp.
43	17	Tests for Rajya Puraskar	(i) Hold Tritiya Sopan Badge and earn any two of the Proficiency Badges from amount the given below not earned earlier. (a) Child Nurse. (b) Community Worker. (c) Ecologist. (d) Leprosy Control. (e) Literacy. (f) Sanitation Promoter.	1. Ensure Proficiency in the tests undertaken up to Tritiya Sopan. 2. Hold Tritiya Sopan Badge. 8. Earn any three of the Proficiency Badges not earned earlier from among the given below: 1. Child Nurse 2. Community Worker 3. Ecologist.

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				<p>4. Literacy Community Singing is to be added Sanitation Promoter Public Health. Soil Conservator. Solar Energy Awareness. Safety Knowledge. Rural Worker. Rescuer.</p>
			(ii) Earn anyone of the Proficiency Badge from each of the two groups: Group A: Camper, Signaller, Electronics and Tailor (Group B: Public Health, Sick Nurse, Health, and Nutrition Educator.	<p>9. Earn any two of the Proficiency Badges not earned earlier out of the following: Camper, Pioneer, Star gazer, Naturalist, Tracker, Electronics, Signaller, Cancer Awareness, Health, Nutrition Educator. Farmer, Dairymaid, Writer, Beautician, Free Being Me and Dancer.</p>
				3. Earn Ambulance Badge
				<p>4. Undertake over night hike for ten kms, along with group of Guides of her own Company and submit report to the Guide Captain within ten days. or An overnight cycle hike for twenty five kms along with group of Guides of her own Company and submit report to the Guide Captain within ten days</p>
				<p>5. Work on one of the following for six months and submit a report – Kitchen garden/Roof Garden/Hanging Garden</p>
				<p>6. Mapping: Make a map by using any one of the method not done earlier: Plane Table or Triangulation or Road Traverse 7. Camp Craft: A). Be able to pitch strike and pack a Single/Double fly tent. B) Splicing - Eye / Back / Short – anyone not done earlier. c) Make a model of any pioneering Project.</p>
				10. Have knowledge about the BSG website and gain information about your Regional

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				headquarters.
44			Note: (i) This award including the badge shall be the property of the State Association and shall be surrendered on demand by appropriate authority. (ii) Rajya Puraskar is awarded by the Governor / Patron of the State Association.	This award is presented by the Governor or Patron/President of the State Association on the recommendation of State Chief Commissioner and can be withdrawn under compelling circumstances by him/her
45	18	Rashtrapati Guide Award	A. (i) The President of the Indian Union who is the Chief Patron of the Bharat Scouts and Guides, has been graciously pleased to authorise the issue of a special certificate to a Guide who earns the Rashtrapati Guide Award and has completed 14 years of age, after serving as a Rajya Puraskar Guide for at least twelve months.	(i) The President of the Indian Union has been graciously pleased to authorize issue of a special certificate to a Guide who earns the Rashtrapati Guide Award after serving as a Rajya Puraskar Guide for at least twelve months.
			A Guide Captain / Assistant Guide Captain will recommend only up to 25% Guides of the total census of the Unit (not exceeding 32) for Rashtrapati Award in a year. Special cases could be recommended by District Chief Commissioner subject to maximum of 30 % in a year.	(vi) A Guide Captain /Assistant Guide Captain will recommend only up to 25% Guides of the total census of the unit (not exceeding 32) for Rashtrapati Award in a year. Special cases could be recommended by the District Chief Commissioner and State Chief Commissioner subject to maximum of 50% in a year.
			(ii) The Guide Captain who is advanced trained shall inform the National Headquarters through proper channel on a registration form available from the State Headquarters that Rajya Puraskar Guide is completing requirements of Rashtrapati Guide Award .The Guide shall record her attainments for Rashtrapati Guide Award on the said form and submit the same to the National Headquarters through proper channel. In	(ii) The Guide Captain who is advanced trained shall inform the National Headquarters through proper channel on a registration form available from the State Headquarters/ BSG Website that Rajya Puraskar Guide has completed the requirements of Rashtrapati Guide Award. The Guide shall record her attainments for Rashtrapati Guide Award on the said form and submit the same to the Regional Headquarters through proper channel. In the absence of Guide Captain, the Assistant Guide

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			the absence of Guide Captain in exceptional cases, Assistant Guide Captain who is advanced trained will be competent to make recommendations.	Captain who is Advanced trained will be competent to make recommendation. At the time of Rashtrapati Award Testing Camp a Guide should produce her individual progress card.
			(iii) The Rashtrapati Guide Award Certificates are presented at a formal ceremony by the President of India on the advice from the National Commissioner	(iii) Rashtrapati Guide Award certificates are presented at a formal ceremony by the President of India on the request of the National Commissioner.
			(iv) The National Commissioner who is the final Authority to grant Rashtrapati Guide Award shall issue from time to time suitable directions in respect of badge, tests, service, etc. and ensure the adequacy of knowledge and skills up to Tritiya Sopan and Rajya Puraskar Badge.	The National Commissioner shall issue suitable directives from time to time in respect of badges; tests etc. and ensure the standard of skills involved.
			(v) The Rashtrapati Guide Award shall be worn on the left sleeve below the Ambulance badge, surrounded by Proficiency Badges which qualify for the same.	(iv) Rashtrapati Guide Badge shall be worn on the left sleeve below the Ambulance Badge and above the Membership Badge surrounded by Proficiency Badges of Rashtrapati Award.
				(vii) Rajya Puraskar Guide, who has already fulfilled all required conditions, will have to be tested at State Level and certified by the State Organising Commissioner(G) before coming for Rashtrapati Guide Award Testing Camp organised by the National Association under the supervision of the concerned Asst. Director.
46		B. Tests for Rashtrapati Guide Award.	(i) Hold Rajya Puraskar.	1. Hold the Rajya Puraskar & be able to maintain the standard.
46			(ii) Camping: (a) Camp for At least three nights consecutively with her Company/Patrol or with another guide in the open.	2. Camping a) Camp with her Company/Patrol for three consecutive nights in the open.

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			<p>(Organised gathering like Rallies, Jamborees etc. are not to be counted for it).</p> <p>(b) Know the uses of the following handsaw, chopper hammer, hand axe, knife and wedges.</p> <p>(c) Be able to improvise either a shelter or a hut or a machan with available natural material for two persons to sleep in.</p>	<p>Gatherings like jamborees, rallies etc are not to be count.</p> <p>b) Be able to improvise either a shelter or a hut or a machan with available natural material for two persons to sleep in.</p>
			(iii) Hold Ambulance Badge.	<p>3.a. Hold the Disaster Management Badge.</p> <p>b. Re-pass Ambulance Badge.</p>
47	18		<p>(iv) Qualify for any two of the following Proficiency Badges, one from each group not earned earlier :</p> <p>Group - A : (i) Basket Worker (ii) Electronics (iii) Entertainer (iv) Musician (v) Tailor.</p> <p>Group - B: (i) Home Maker (ii) Journalist (iii) Pathfinder (iv) Rural Worker.</p>	<p>4. Qualify for any two of the following Proficiency Badges not earned earlier:</p> <p>a. Aids Awareness, b. Handywomen c. Beautician, d. Pathfinder e. Sea Fisherwomen f. Hiker, g. World Conservation h. Interpreter, i. Farmer k. Free Being Me, l. Solar Energy Awareness, m. Event manager, n. Self Defence,</p>
47	18		<p>(v) Participate in a Service project to community not less than thirty six hours spread over at least for two months and must work at least one day in a week under Prime Minister Shield Competition Scheme. Prepare a diary for the work done and submit it to the Court of Honour week after week.</p>	<p>5. Participate in a sustained community development project at least two hours in a week for six months on any two of the following subjects</p> <p>A. Promote gender equality and empower women B. Reduce child mortality C. Improve maternal health D. Combat HIV/AIDS, Malaria & other diseases E. Ensure environmental sustainability.</p>
47	18		<p>(vi) Undertake a Hike on foot for 8 km along with 02 or more guides or a cycle hike for 15 km and the hike report should be submitted to the Guide Captain within three days after completion</p>	To be deleted

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			of the hike.	
47	18		(vii) Participate in a sustained community Prime Minister Shield Competition Scheme. (viii) Under the guidelinesfancy cooking.	To be Deleted. As covered above 6. Under the guidance of the Guide Captain, teach games for younger children for fifteen days. OR Show the knowledge of Interior Decoration and Fancy Cooking.
			(ix) Serve as Rajya Puraskar Guide at least for one year/twelve months.	To be deleted
				7. Have knowledge & prepare a log book on the five world centres of WAGGGS.
			Note: (i) Rashtrapati Guide Award is awarded by the President of India. (ii) This award including the badge will be the property of the National Association and shall be surrendered on demand by appropriate authority. (iii) Rajya Puraskar Guide, who supervision of the concerned Asst. Director.	Note: (i) Rashtrapati Guide Award is awarded by the President of India. (ii) Rashtrapati Guide Award is presented by the President of India on the recommendation of National Commissioner & can be withdrawn under compelling circumstances by him/her. iii) Shifted at the starting note. To be deleted
49	19	Guide Proficiency Badges.		Add following proficiency Badges: 99. Disaster management, 100. Free Being Me, 101. Sea Fisherwoman Add in the syllabus of Proficiency Badges: Camper: (i) Have slept six nights in the open under canvas. Change in to three nights. Entertainer: Mime, mono acting Farmer: (i) Must work in a Farm for two months only

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52	20	Hike, Treks and Camp for Guides	(iv) When the Guides go on hike or trek, the concerned Guide Captain must satisfy herself that the Guides are properly clothed before permission.	In order to regular proper arrangement for trek or hike ' permit card ' signed by the Guide Captain shall be issued. The concerned District Organising Commissioner shall issue 'permit card' only to the Guide Captain, in charge of the Company and the Guide Captain in turn shall issue such ' permit card ' to the Patrol Leader.
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NB: The Hon'ble National Commissioner is authorised to constitute a committee of experts to review the present uniform as per the needs of the youth and submit the final recommendation. These final recommendations may be approved by the National Executive Committee directly
 The serial numbers of the rules may be revised and subject sequence to be made at par for all the sections as the case may be.